JAMESTOWN COMMUNITY COLLEGE State University of New York

INSTITUTIONAL COURSE SYLLABUS

Course Title: Generalist Practice Skills

Course Abbreviation and Number: HUS 1410Credit Hours: 3Course Type: Lecture

Course Description: Students will be introduced to the fundamental skills, techniques, and strategies used in the helping professions. Students will develop and practice each step in the case management process from engagement to termination. Utilizing a systems framework, students will learn to interview and assess client needs, identify community resources, and apply problem solving strategies and evidence-based interventions. Students will further explore the legal and ethical responsibilities of the practitioner, and demonstrate documentation skills involved in service planning. Students will learn to present in a case conference and explore methods for evaluating client success and helper effectiveness.

Prerequisite: HUS 1210 (not required if pursuing the Certificate in Addictions Counseling).

Student Learning Outcomes:

Students who demonstrate understanding can:

- 1. Develop, implement, and evaluate a case management plan.
- 2. Demonstrate fundamental communication skills used in engagement, information gathering, problems solving, networking, and case conferencing.
- 3. Demonstrate documentation skills through the construction of a service plan, which includes intake assessment, treatment plan, progress notes, and case summary.
- 4. Identify and evaluate community resources.
- 5. Identify and evaluate evidence-based intervention strategies.

Topical Covered:

- Micro, Mezzo, and Macro Practice
- Values and Ethics in Decision Making
- Applying Cultural Competence
- The Planned Change process:
 - Engagement and Intake
 - Factors impacting engagement
 - Attending behaviors
 - Communication
 - Observation
 - Data Collection and Assessment
 - Bio-psycho-social-occupational-educational assessments
 - Community assessments
 - Identifying strengths and social supports
 - Mapping tools, tests, and assessment instruments
 - Planning and Contracting for Services
 - Developing resources
 - Creating and maintaining networks
 - Multi and interdisciplinary teams
 - \circ Intervention and Monitoring
 - Developing a theoretical framework
 - Using evidence based practice
 - Monitoring client progress
 - Stages of change
 - Advocacy & empowerment
 - Working with the reluctant client
 - Group and community interventions
 - Advisory boards
 - \circ Evaluation

- Quantitative and qualitative research
- Measuring and recording change
- Tools, tests, and scales
- Program/agency evaluation
- Logic models and outcome measurement
- Termination
 - Planned termination
 - Unexpected termination
 - Ethical obligations to the client and agency
- Written Reports & Correspondence
 - Use of Information Technology
 - SOAP, DAP, and other methods of recording progress
 - Clinical Abbreviations
 - o Reports
 - Community Assessments

Information for Students

- Expectations of Students
 - <u>Civility Statement</u>
 - <u>Student Responsibility Statement</u>
 - <u>Academic Integrity Statement</u>
- Accessibility Services

Students who require accommodations to complete the requirements and expectations of this course because of a disability must make their accommodation requests to the Accessibility Services Coordinator.

- Get Help: JCC & Community Resources
- <u>Emergency Closing Procedures</u>
- Course grade is determined by the instructor based on a combination of factors, including but not limited to, homework, quizzes, exams, projects, and participation. Final course grade can be translated into a grade point value according to the following:

A=4.0	B+=3.5	B=3	C+=2.5	C=2	D+=1.5	D=1	F=0

• Veterans and active duty military personnel with special circumstances (e.g., upcoming deployments, drill requirements, VA appointments) are welcome and encouraged to communicate these to the instructor.

Effective Date: Fall 2021